

**The Catholic Women's League
of Canada
Alberta Mackenzie Provincial Council**



Spiritual Development Workshop

**Catholic Women's League of Canada
Alberta Mackenzie Provincial Council
70th Annual Convention
June 9-10, 2017
Edmonton, Alberta**

1. Welcome
2. Spiritual Development Committee
Foundation is Relationships
3. Opening Prayer “SD” Committee Chair’s Prayer

Dear Lord, make me appreciative of the dignity of my standing committee and its many responsibilities. Help me to grace it with warmth, kindness and patience. Help me to serve You in the person of each member of the Catholic Women’s League. Increase my faith and knowledge as I share You with my sisters and bless my work as I work towards honouring our motto “For God and Canada:

4. Where do we begin?

God

- God what do you want me to do?
- Pray Life

League

- What does the League want me to do?

8 Objects of the League

- to achieve individual and collective spiritual development
- to promote the teachings of the Catholic church

Duties of the Chairperson

- spiritual growth of members
- study of Catholic teachings
- role of women in the church
- evangelization and mission assistance
- lay ministries ecumenism and interfaith endeavours

National Theme

Inspired by the Spirit Women Respond to God's Call

Church

Pope Francis

Diocesan Archbishop/Bishop

Annual Report Form

5. How to prepare a Spiritual Program

Yearly Program.

- 10 months
- 5 months predetermined spirituals
- Look at annual report .- strength and weaknesses
- Decide what your focus will be
 - Sacraments
 - Prayer
 - Social Justice

Have that focus run through each meeting

Monthly Meetings

Spiritual Component

Experiential -Want to engage your members

Opening Prayer

Set up

Focal Point
Sacred space
Statue of Mary,
candle
Water
Bible
Prayer Book

Prayer

League Prayer
Based on the theme – Memorial Service
Interactive – Prayer
Reflective Prayer
Meditative
Prayer Partners
Mass?

Closing Prayer

Educational Component

Grow in the knowledge of the Catholic Church

Educational component is built from the focus
Information and interaction

6. Resources

- **Catechism of the Catholic Church**
- **Ordo from CCCB**
- **CWL National Website – Resources-Spiritual Development**
- **CWL Provincial /Diocesan Committee Chairs**
- **Diocesan Websites**
- **Catholic Sites on the Internet**
- **Guest speakers**

7. Closing Prayer