

**The Catholic Women's League of Canada
Alberta Mackenzie Provincial Council**

SPIRITUAL DEVELOPMENT
Communique # 2



Inspired by the Spirit...Women Respond to God's Call

DATE: October 7, 2017
TO: Diocesan Chairpersons of Spiritual Development
CC: Provincial Executive (for information)
CC: National Chairperson of Spiritual Development (for information)
FROM: Ruth Boden, Alberta Mackenzie Provincial Chairperson of Spiritual Development

As I am doing my research for this communique, I am also travelling to be with my husband's family to celebrate a retirement and a family Thanksgiving. I recall my father-in-law patiently helping me untangle my knitting yarn so I could finish a pair of mittens I was knitting for my son.

It occurred to me that October is the month of the Rosary and I began to search for appropriate material. I came upon an article on the Swords of Truth website by Kelly Holy about Pope Francis and one of the events in his life that prompts him to say 15 decades of the Rosary each day. This event was prompted by his encounter with the painting of our Lady, Undoer of Knots in Augsburg, Germany.

For Pope Francis, the knots represent the sins that separate us from God, and Our Lady, in untying them, brings us closer to God.

As the Pope has said: "Mary, whose 'yes' opened the door for God to undo the knot of the ancient disobedience, is the Mother who patiently and lovingly brings us to God, so that he can untangle the knots of our soul by his fatherly mercy." (Holy, 2014)

I have placed a Novena to Mary, Undoer of Knots on the Alberta Mackenzie CWL website and I ask everyone who isn't already participating in a novena for the month of October to join me in this journey starting October 11th, 2017 and continuing through October 20th, 2017.

Also on the Alberta Mackenzie Catholic Women's League website under the Spiritual Development Tab you will find other Rosary materials, a very good one written by Judy Look, that can be used as a spiritual development workshop for your Council meeting during the month if you choose.

To start afresh from Christ is to guard prayer in the midst of an aggressively pagan culture, so that the soul does not dry up, the heart does not lose its warmth and one's actions are not beset by fear.
(Bergoglio, 2013)

May Our Lady of Good Counsel guide us

Works Cited

Bergoglio, P. F. (2013). *Inspiration from Pope Francis*. Boston: Pauline Books and Media.
Holy, K. (2014, 11). *wordpress.com*. Retrieved from swordsoftruth: <https://swordsoftruth.files.wordpress.com>